



Alda Center Science Communication Workshop Agenda Mt. Sinai - School of Medicine

Date/Time: October 6, 2026 – 8:30am – 5:30PM

Location: Icahn School of Medicine at Mount Sinai

Building/Room: Annenberg 19-79

Street address: 1468 Madison Avenue, New York, NY 10029. Security may take a few minutes so please arrive early.

8:30-9:00 a.m. Arrival, breakfast

9:00-9:20 a.m. Welcome, Orientation & Opener

Introduction to the Alda Center, the experiential approach, and the goals for the day.

9:20-10:30 a.m. Connection, Presence & Audience

Experiential activities exploring connection, responsiveness, perspective-taking, common ground, and communicating with an audience in mind.

10:30-10:45 a.m. Break

10:45 a.m.-12:00 p.m. Message Strategy & Distilling

Participants explore how to make intentional communication choices, use the JAM Tool to strategize for an audience, and practice making complex information clearer and more concise.

12:00-12:45 p.m. Lunch

12:45-2:15 p.m. Navigating Challenging Conversations

Participants examine what makes one-on-one conversations difficult and practice approaches that support listening, connection, and responsiveness when perspectives differ.

2:15-2:30 p.m. Break

2:30-3:20 p.m. Listening, Reframing & Conversation Strategy

Participants practice listening beneath the surface of a challenging interaction and slowing down assumptions. They then begin strategizing for a real or realistic one-on-one conversation.

3:20-4:15 p.m. Challenging Conversation Practice Lab

Participants apply their strategy in role-play, receive structured feedback, switch roles, and reflect on how they might adapt their approach based on what they heard and experienced.

4:15-4:30 p.m. Reflection & Closing

Participants identify key takeaways from the day and consider how they will apply the skills in their own work.

4:30-5:30 p.m. Networking Social (trainees, KUHR leadership, mentors)

Location: Rooftop Lounge of Kravis Children's Hospital (1184 5th Ave)

Dr Azeloglu will escort trainees through the tunnels but faculty arriving later can go straight to Kravis rooftop from 5th Avenue entrance.